**Textbook and Media Resources for Module 12: Personality Theories and Assessment**

The resources listed here are based on using the textbook by David G. Myers *Exploring Psychology, 8th ed*. For an overview of all modules and assignments see the files in the Lessons folder titled "Course Guide for General Psychology Resources and Assignments" and "Course Guide to the Fourteen Modules of OCL General Psycholgy"

**Textbook readings:**

Myers Chapter 12: Personality

Griggs Chapter 8 Personality Theories and Assessment

Stangor Chapter 12: Personality and Motivation (Sections 1 & 2 only)

**View lecture videos**

Discovering Psych: #15 The Self

Yale:

Lecture #3 Foundations: Freud

Lecture #13 Why Are People Different (Personality segment)

**Psych Portal videos**

· Personality structure: id, ego, superego (5 ½ min)

· Personality and the brain (5 ½ min)

· A happiness trait (2 min)

· Repression: Myth or Reality? (12 ½ min)

· Self-image: Dissatisfaction among teenage girls (3 ½ min)

· Genes and personality (8 min)