**Module 10: Motivation**

The resources listed here are based on using the textbook by David G. Myers *Exploring Psychology, 8th ed*. For an overview of all modules and assignments see the files in the Lessons folder titled "Course Guide for General Psychology Resources and Assignments" and "Course Guide to the Fourteen Modules of OCL General Psycholgy"

**Textbook readings:**

Myers Chapter 10 Motivation

Griggs (none)

Stangor Chapter 12 Personality and Motivation (Section 3 only)

and Chapter 11 (Section 4 only) Sex: The Most Important Human Behavior

**View lecture videos**

Discovering Psych:

#12 Motivation and Emotion

#24 Applying Psychology in Life

Yale #14 What Motivates Us: Sex

Yale Guest Lecture: The Psychology, Biology, and Politics of Food

**Psych Portal videos**

Eating and weight gain: genetic engineering (3 min)

Purging food (4 min)

Overcoming anorexia nervosa (3 ½ min)

Sexual dysfunctions and their treatments (6 min)

Homosexuality and the nature-nurture debate (8 min)

Other videos

Teens and Sex: Katie Curic, then of NBC, discusses sexual behavior and attitudes with teenagers:

<http://www.msnbc.msn.com/id/6872269/>

PBS Nova: Dying to be thin (1 hour):<http://www.pbs.org/wgbh/nova/thin/>

PBS Perfect Illusions: eating disorders and the family (1 hour):<http://www.pbs.org/perfectillusions/aboutshow/index.html>