**Learning Objectives for Module 10 Motivation**

Upon completion of this module students will be able to do the following:

1. Define *motivation* as psychologists use the term today, and identify four perspectives useful for studying motivated behavior.

2. Describe Maslow’s hierarchy of needs.

3. Describe the physiological determinants of hunger.

4. Discuss psychological and cultural influences on hunger and eating.

5. Explain how the eating disorders demonstrate the influence of psychological forces on physiological­ly motivated behavior.

6. Describe research findings on obesity and weight control.

7. Describe the human sexual response cycle, and discuss some causes of sexual disorders.

8. Discuss the impact of hormones, external stimuli, and fantasies on sexual motivation and behavior.

9. Discuss some of the factors that influence adolescent sexual behavior, and describe trends in the spread of sexually transmitted infections.

10. Summarize current views on the number of people whose sexual orientation is homosexual, and discuss the research on environmental and biological influences on sexual orientation.

11. Discuss the place of values in sex research.

12. Describe the adaptive value of social attachments, and discuss both healthy and unhealthy consequences of our need to belong.