**Learning Objectives for Module 12 Personality**

Upon completion of this module students will be able to do the following:

1. Define *personality,* and explain how Freud’s treatment of psychological disorders led to his study of the unconscious mind.

2. Describe Freud’s view of personality structure in terms of the id, ego, and superego.

3. Identify Freud’s psychosexual stages of development, and describe the effects of fixation on behavior.

4. Discuss how defense mechanisms serve to protect the individual from anxiety.

5. Contrast the views of the neo-­Freudians and psychodynamic theorists with Freud’s original theory.

6. Describe how projective tests are used to assess personality, and discuss some criticisms of them.

7. Summarize psychology’s current assessment of Freud’s theory of psychoanalysis, including its portrayal of the unconscious.

8. Describe the humanistic perspective on personality in terms of Maslow’s focus on self­-actualization and Rogers’ emphasis on people’s potential for growth.

9. Explain how humanistic psychologists assessed personality, and discuss the major criticisms of the humanistic perspective on personality.

10. Discuss psychologists’ interest in identifying fundamental personality traits and in understanding biological influences on those traits.

11. Discuss the value of using personality inventories to assess traits, and identify the Big Five trait dimensions.

12. Summarize the person-­situation controversy, and explain its importance as a commentary on the trait perspective.

13. Describe the social-­cognitive perspective, and discuss the important consequences of personal control, learned helplessness, and optimism.

14. Explain why social­-cognitive researchers assess behavior in realistic situations, and state the major criticism of the social-­cognitive perspective.

15. Explain why psychology has generated so much research on the self, and discuss the importance of self­-esteem to human well­being.

16. Discuss some evidence for self­-serving bias, and contrast defensive and secure self-­esteem.