**Module 14 Psychological Disorders and Therapy Textbook and Media Resources**

The resources listed here are based on using the textbook by David G. Myers *Exploring Psychology, 8th ed*. For an overview of all modules and assignments see the files in the Lessons folder titled "Course Guide for General Psychology Resources and Assignments" and "Course Guide to the Fourteen Modules of OCL General Psycholgy"

**Textbook readings:**

Myers Chapter 13 Psychological Disorder and Chapter 14 Therapy

Griggs Chapter 10 Abnormal Psychology

Stangor Chapter 13 Psychological Disorders and Treatments

Optional reading: CQ Researcher on Depression; Eating Disorders; Anxiety Disorders

**View lecture videos (Disorders and Therapy combined)**

Discovering Psych

#21 Psychopathology

#22 Psychotherapy

Yale

Lecture #18 What Happens When Things Go Wrong: Mental Illness Part 1

Lecture #19 What Happens When Things Go Wrong: Mental Ilness Part 2

Lecture #20 The Good life: Happiness

**Video and audio clips (by disorder)**

**ADHD:**

**Psych Portal:** ADHD & the family

**PBS** Frontline “Medicating Kids” at:<http://www.pbs.org/wgbh/pages/frontline/shows/medicating/>

**Anxiety Disorders**

**Psych Portal**

Experiencing anxiety

Obsessive-Compulsive Disorder: a young mother’s struggle (7 min)

Treating OCD: Exposure & response prevention (7 min)

Those who hoard

PTSD Returning from Iraq

**PBS**

Frontline 2007: The Soldier’s Heart (PTSD in the military) (60 min)<http://www.pbs.org/wgbh/pages/frontline/shows/heart/>

Scientific American Frontiers: Stress Management -The Relaxation Response w/ Herbert Benson (7 min) This segment is part of the program “Worried sick” available at:<http://www.pbs.org/saf/1310/video/watchonline.htm>

Scientific American Frontiers: Arachnophobia (9 min)

NPR All Things Considered Dec. 30, 2010: First responders, rescuers, come forward with PTSD.

<http://www.npr.org/2010/12/30/132476507/first-responders-rescuers-face-ptsd-struggles?ft=1&f=1001>

**Mood Disorders**

**Learner.org**

The Mind: #33: Medication & Talk Therapy (12 min)

The Mind #34 : ECT (6 min)

**Psych Portal:** Suicide: the case of the 3 star chef

**Schizophrenias**

**Psych Portal**

Postpartum psychosis: Case of Andrea Yates (7 min)

John Nash (5 min) (the subject of the movie “A Beautiful Mind”)

**Learner.org**

Brain #26 Schizophrenia symptoms (5 min)

Brain #28 Schizophrenia pharmacological Tx (6 min)

**Miscellaneous disorders**

**PBS** Scientific American Frontiers: Understanding Autism (7 min)

**From Learner.org**

Brain #23 Multiple Personality (9 min)

The Mind #19 Understanding Alzheimers Disease (11 min)

The Mind: #35 The Mind of the Psychopath (19 min) (antisocial personality disorder)

**Psych Portal**

Early treatment of mental disorders

MICA (Mentally Ill Chemical Abusers)

When treatment leads to execution: mental health & the waw – insanity

The city of Gheel: community mental heath at its best

Tricotillomania: pulling out one’s hair